



MOTHER-FRIENDLY CARE POLICY

POLISI PENJAGAAN MESRA IBU

01

Assunta Hospital supports mother-friendly care and offers expectant mothers the option to have a birth companion of their choice to provide continuous physical and/or emotional support during labour and birth.

Assunta Hospital menggalakkan ibu mempunyai peneman yang boleh memberi sokongan emosi dan fizikal sepanjang proses kelahiran

02

Expectant mothers at low risk in labour will be encouraged to have fluids and food during early labour.

Membenarkan ibu mengambil minuman atau makanan ringan semasa proses kelahiran jika ibu berkeinginan (bagi ibu berisiko rendah rendah)

03

Encourage mothers to consider the use of non-drug methods of pain relief unless analgesic or anaesthetic drugs are necessary by respecting the personal preferences of the mother.

Menggalakkan ibu untuk mempertimbangkan penggunaan kaedah penahan sakit bukan ubatan melainkan jika diperlukan dengan mengambil kira pilihan peribadi ibu.

04

Expectant mothers will be encouraged to walk and move about during labour, if desired, and assume positions of their choice while giving birth, unless a restriction is specifically required for a complication and the reason is explained to the mother.

Menggalakkan ibu untuk bergerak dan berjalan semasa proses kelahiran jika mahu serta memilih posisi kelahiran kecuali terdapat komplikasi dan ibu diberikan penjelasan.

05

Care that does not involve invasive procedures such as rupture of the membranes, episiotomies, acceleration or induction of labour, instrumental deliveries, or caesarean sections unless specifically required for a complication and the reason is explained to the mother.

Tidak menggunakan sebarang prosedur invasif seperti memecahkan selaput ketuban, episiotomy, perangsang mempercepatkan proses kelahiran (Induction of labour), pembedahan ceasarean atau kelahiran dengan bantuan peralatan melainkan keadaan memerlukan kerana berlaku komplikasi dan ibu diberi keterangan yang jelas